

Checklist for putting on Personal Protective Equipment (PPE)

Tick when complete	Step
	Remove all jewellery/watches
	Perform hand hygiene
	Put on gown – fasten at back
	Put on appropriate mask
	Perform mask fit test
	Put on protective eye wear (if not attached to mask)
	Put on “role allocation” sticker onto gown
	Perform hand hygiene
	Put on gloves

Checklist for removing PPE

Tick when complete	Step
	Remove gloves
	Perform hand hygiene
	Remove gown
	Perform hand hygiene
	Remove protective eye wear
	Clean eye wear with sanitising wipes
	Perform hand hygiene
	Remove mask
	Perform hand hygiene