



COVID - 19 Quick Reference Guide

0

Preparation – at start of shift

1. Check that you have all required PPE on your person, i.e. gloves, eye-wear
2. Check that the vehicle has an adequate stock of PPE including:
 - Yellow Gowns
 - Face Shields
 - P2/N95 Masks (RFT Respirator)
 - Bush-fire Masks
 - Surgical Face Masks
3. Check the vehicle has an adequate supply of disinfectant wipes

1

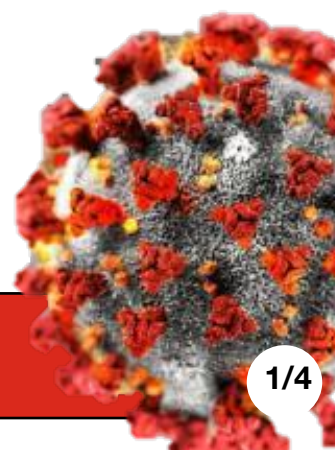
Complete 4 at the Door Risk Assessment

1. Has anyone inside been overseas or to any known hotspots?
2. Does anyone inside have a fever or dry cough?
3. Has anyone inside been in contact with a confirmed COVID-19 patient?
4. Has anyone inside been diagnosed with pneumonia or any other medical condition?

2

Don PPE

1. Perform hand hygiene
2. Long sleeved level 3 or 4 disposable gown
3. P2/N95 respirator mask
4. Protective eye-wear/face-shield
5. Gloves
6. Buddy check including respirator fit check





COVID - 19 Quick Reference Guide

3

Patient Care

1. Patient to wear a surgical mask if tolerated
2. Refer to Protocol NSW1 Treatment Guidelines
3. Treat patient per specific protocol
4. Call 0428 238 423 for clinical advice (Internal NSW Ambulance Use Only)

4

Transporting the Patient

Treating Paramedic (Lead Paramedic)

1. Maintain Contact, Droplet and Airborne PPE
2. Avoid AGP's where appropriate; remove patient from vehicle if required

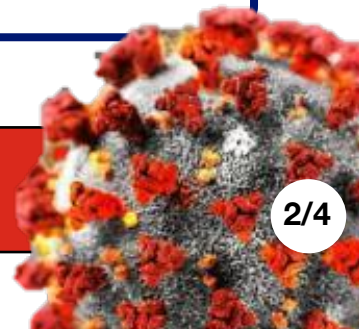
Driver (Assistant Paramedic)

1. Partially Doff prior to entering front cabin/drivers seat
 - a. Remove Gown and Gloves
 - b. Perform Hand Hygiene
2. Maintain airborne PPE
3. Transport with good ventilation (windows down, recirculating air-con off)
4. Provide Code 23 prenotification
5. Provide hospital triage handover (subject to patient needs and hospital policy)
6. Before unloading the patient, or entering the patient treatment space, perform hand hygiene and don new gown/gloves.

5

Doffing

1. Gloves
2. Perform hand hygiene
3. Gown
4. Perform hand hygiene
5. Protective eye-wear/Face Shield (if worn)
6. Perform hand hygiene
7. Remove and dispose of the mask (if worn) by handling the straps only
8. Perform hand hygiene





COVID - 19 Quick Reference Guide

6

Decontamination (refer Skill 114.5.7)

1. Don contact, droplet and airborne PPE
2. Clean vehicle per Decontamination/End of shift standard
3. Clean all equipment and surfaces that have confirmed or potential contamination using wipes
4. Clean all surfaces that have been frequently touched by anyone during patient care
5. Clean all commonly touched areas (e.g. surfaces, door handles, steering wheel, MDT, radio, kits/handles etc)
6. Ensure floor is clean
7. Make stretcher and return to ambulance
8. Clean car keys
9. Doff PPE

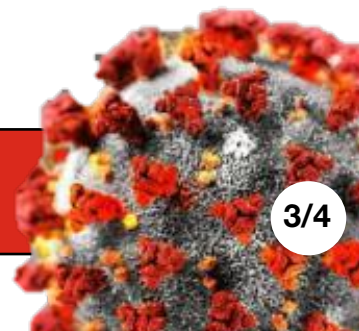
7

Next Steps

1. Scan the QR Code ([Self Reporting - Suspected or Confirmed Contact](#)) - (Internal NSW Ambulance Only)



2. Complete transfer of care documentation (eMR/PHCR)
3. Restock personal PPE (RFT mask)





COVID - 19 Quick Reference Guide



Further Information

- For all COVID-19 related inquiries contact Contact the NSW Ambulance COVID-19 Hot-line Number (Internal NSW Ambulance Use Only)



- Further resources are available through the COVID-19 Portal
 - [NSW Ambulance COVID-19 Portal](https://intranet.ambulance.nsw.gov.au/covid-19): <https://intranet.ambulance.nsw.gov.au/covid-19>
 - [Infection Control & Exposure Procedures](https://intranet.ambulance.nsw.gov.au/covid-19/infection-control-and-exposure-procedures): <https://intranet.ambulance.nsw.gov.au/covid-19/infection-control-and-exposure-procedures>
- NSW Ambulance - Donning and Doffing Resource Videos
 - [COVID-19 PPE Donning Guidance](https://www.youtube.com/watch?v=C6bpE54ygl0) - <https://www.youtube.com/watch?v=C6bpE54ygl0>
 - [COVID-19 PPE Doffing Guidance](https://www.youtube.com/watch?v=1v3LcvlF-LM) - <https://www.youtube.com/watch?v=1v3LcvlF-LM>
 - [Transport of a suspected or confirmed COVID-19 patient, or as required by NSW Ambulance/NSW Health](https://youtu.be/wC2CDYlspVk) - <https://youtu.be/wC2CDYlspVk>

